

## Camp WaMaVa Medical Information & Protocol

Campers at Camp WaMaVa are physically active and share communal spaces during their camp experience. While every effort is made to ensure a safe environment, there is an inherent risk of injury and illness. The director and staff of Camp WaMaVa are committed to mitigating and managing these risks to the best of their ability.

Camp WaMaVa has an on-site nurse during the summer camping session. The camp nurse's responsibilities include:

- Administering all medications.
- Assessing and monitoring camper health concerns.
- Transporting ill or injured campers to the hospital or urgent care center.
- Serving as the primary point of contact for parents concerning their camper's health needs.

The closest hospital is **Warren Memorial**, and the nearest urgent care is **Valley Health**, both located in Front Royal, VA, approximately 15 minutes from Camp WaMaVa.

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### Camper Illness or Injury

In the event of camper illness or injury, the following protocols and guidelines will be observed:

- **Minor Issues:**  
Minor cuts, abrasions, bruises, headaches, stomach aches, or other minor concerns are handled directly by the camp nurse. These situations do not require parent notification. The nurse may provide appropriate aid, such as bandages, over-the-counter medication, food, or drink.
- **Medication Administration:**  
Any time medication is administered (prescribed, as needed, or for sudden illness/injury), the instance is recorded in the camp medication log. Camper allergy information is reviewed by the nurse before dispensing any medication.
- **Moderate to Severe Concerns:**  
The following conditions will be reported to parents promptly:
  - Abdominal or head pain lasting an extended period.
  - Fever above 101.5°F or low-grade fevers lasting more than 24 hours.
  - Repeated vomiting.
  - Cuts requiring stitches, suspected broken bones, or any injury requiring a doctor visit.
  - Any condition lasting an extended period or significantly impacting the camper's well-being.
- If a parent cannot be reached, the designated emergency contact will be notified.
- **Non-Emergency Doctor Visits:**  
For non-emergency medical needs requiring a doctor visit, the nurse will contact the parent to obtain verbal permission to seek medical care or confirm arrangements for the parent to pick up the camper for further treatment.

- **Emergency Situations:**

In emergencies requiring immediate medical attention, camp staff will focus on securing care for the camper. Parents will be notified by the nurse or camp director as soon as possible once medical care is coordinated or secured.

- **Insurance Information:**

The camp nurse will provide health offices with the camper's insurance details as listed on the camper application. Parents are responsible for following up with their insurance company regarding billing or any follow-up concerns.

- **Sending Campers Home:**

If, in the opinion of the camp nurse or camp director, a camper's condition necessitates leaving camp for their own health or the well-being of others, the camper will be sent home.

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## Medications

The camp nurse administers all medications as directed on the camper's registration forms. If there are any special instructions or concerns about a camper's medication, please discuss them with the nurse or camp director prior to arrival.

### Medication Guidelines:

- **Storage:**

All medications are securely stored in a staff-only area of the mess hall.

- **Supply:**

Ensure there is enough medication to last the camper's entire session.

- **Over-the-Counter (OTC) Medications:**

Camp WaMaVa provides most OTC medications, so it is unnecessary to send these for "just-in-case" scenarios.

- **Check-In Process:**

- All camper medications, including prescriptions, OTC medicines, vitamins, supplements, Epi-pens, and inhalers, must be given to the camp nurse at registration.
- Medications **must be in their original containers**. Loose or unmarked medications **will not be administered** for safety reasons.

- **Check-Out Process:**

Medications will be returned at the end of the camper's session. For campers staying two weeks, parents can choose to leave medications at camp over the weekend or take them home after the first session.